

St Helen's Pre-school Sun Protection Policy

At St Helens we want staff and children to enjoy the sun safely. We will work with staff and parents to achieve this in the following ways:

Parents and carers will be sent a letter at the beginning of the summer term, explaining how we manage sun protection, and what they can do to help. Children will be encouraged to be aware of the weather and to plan for their time outdoors in terms of ensuring that they are appropriately dressed for the weather conditions each day.

Areas of shade will be created in the garden, and children will be encouraged to be aware of their need for shade.

Staff will ensure that Forest School sessions take place in the more shady areas available when the weather is very hot and sunny.

Children will spend more time playing outside before 11 am. On hot and sunny days, children will have lunch indoors. Children will all be encouraged to rest and have something to drink during the course of the session.

All children are actively encouraged to wear a hat outdoors in sunny weather; we provide hats to ensure that all children can access the outdoor environment.

Sunscreen:

Parents are expected to take responsibility for their child's sun protection – please apply sun cream before your child arrives at preschool.

Policy reviewed March 2015